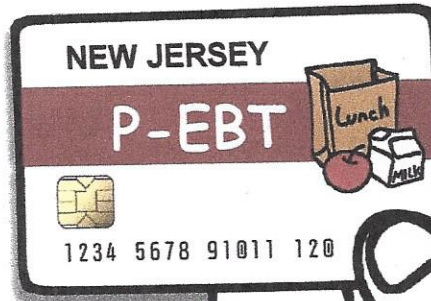


What is P-EBT?

P-EBT helps some parents buy food for their children during the COVID-19 pandemic.

P-EBT is a card that can be used to buy food at some grocery stores and online shopping websites.



Who gets a P-EBT?

- ✓ Parents of students in public schools who received free or reduced-cost lunch before March 18, 2020.
- ✓ Parents of children who already receive SNAP benefits (also known as "Food Stamps")

Do I need to apply for P-EBT?

No. The same information you used to enroll in SNAP, or in free or low-cost lunches in a Jersey City public school, will be used to distribute P-EBT.

What if I am an immigrant?

Using P-EBT properly will not hurt your application for citizenship or a Green Card.

Using P-EBT properly will not affect your immigration status or cause you to be deported.

Learn more about [immigration and public benefits](#).

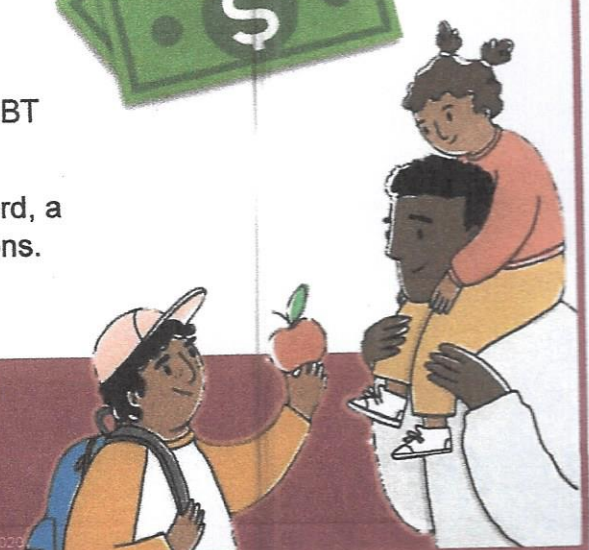
When will I get P-EBT?

P-EBT will be given only once in June 2020.

If you already have a Families First SNAP card, P-EBT money will automatically be added to the balance.

If you do not already have a Families First SNAP card, a new P-EBT card will arrive in the mail with instructions.

For more info, call 1-800-997-3333 or [click here](#).



#HealthierJC

Jersey City Department of Health & Human Services
Division of Immigrant Affairs
201-547-4328 (English and Spanish)
201-547-5118 (English and Arabic)

Source: NJ Dept. of Human Services, May 2020